



# SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Palani Highway, Dindigul-624002.

## WOMEN EMPOWERMENT CELL

### ANNUAL REPORT 2021-2022

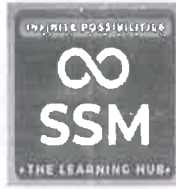
S.No.	Date	Programme	Guest Speaker	Participants
1	11.03.2022	International Women's Day Celebration Special Lecture on "Aan nandru pen inithu"	Dr.S.P Jothi @ Sakthi Jothi Social Enthusiast ,Farmer, Orator, Poet/Writer Founder of Sri Sakthi Social Economical and Educational Welfare Trust	Female Faculty and Non- teaching staffs participated
2	08.03.2022	Women's Day Celebration - 2022	Dr.S.Karthigailakshmi, HoD/ECE SSMIET	Female Faculty and Non-teaching staffs participated
3	07.03.2022	Women's Day Celebration - 2022	Fun Games conducted for the Female Faculty and Non- teaching Staff	Female Faculty and Non- teaching staff participated
4	16.12.2021 to 29.12.2021(Six Days)	One-on-One Session	Dr. S.Aasha, Ph.D, Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai	All Academic Faculty

  
Convener

Mrs.S.Kavitha, AP/Maths

  
PRINCIPAL

Dr.D.Senthil Kumaran



## SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

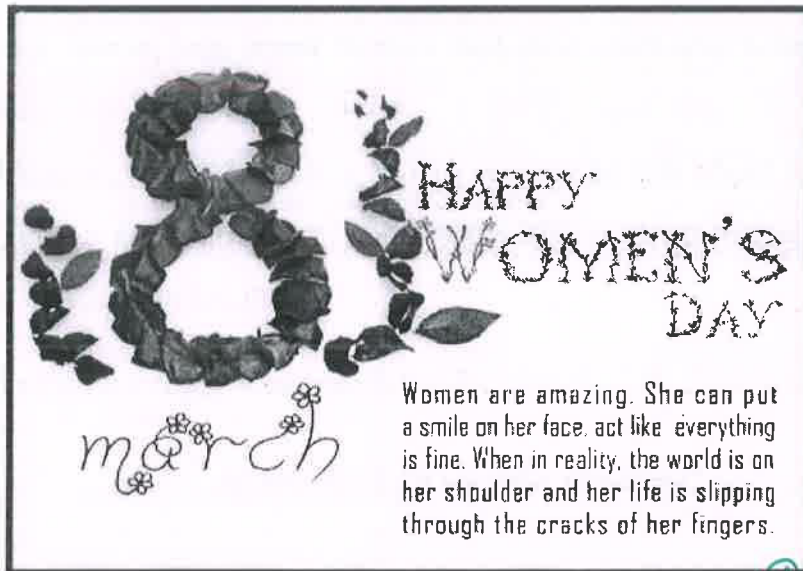
Dindigul - Palani Highway, Dindigul - 624 002.

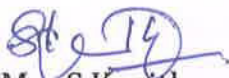
Email: [ssmietdgl@gmail.com](mailto:ssmietdgl@gmail.com) Website [www.ssmiet.ac.in](http://www.ssmiet.ac.in)

WOMEN EMPOWERMENT CELL

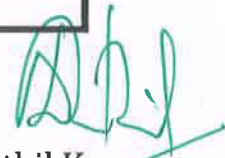


# INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2022



  
Mrs.S.Kavitha

Convener



Dr.D.Senthil Kumaran

Principal



**SSM Institute of Engineering and Technology**  
(Approved by AICTE, New Delhi, Affiliated to Anna University,  
Chennai, Accredited by NAAC)

**Dindigul – Palani Highway, Dindigul – 624 002**

**Women Empowerment Cell**

**Minutes of the Meeting**









Agenda: Women's Day Celebration 08.03.2022

Date: 05.03.2022

Venue: WEC

Time: 12.50pm to 1.30pm


Members Present:

1. Prof.S.Kavitha,Convener/WEC - 
2. Prof.J.John Prateeba,AP/English - 
3. Prof.K.Thara,AP/Chemistry - 
4. Prof. S.Saranya,AP/Civil - 
5. Prof.N.Anu Lavanya,AP/CSE - 
6. Prof.S.Bavithra,AP/EEE - 
7. Prof.R.Subhaa,AsP/Mech - 
8. Prof.V.Preethi,AP/Mech - 

Matters discussed with regard to Women's Day Celebration.

- It was proposed to invite a personality who could give an inspiring speech which would be an eye-opening to the students on 11<sup>th</sup> March.
- It was suggested to conduct stress buster programs for female teaching faculty and Non-teaching staff on 7<sup>th</sup> March.
- It was suggested to conduct a meeting with first year students and motivate the students to give the women's day talk on 8<sup>th</sup> March.

  
Convener/WEC

  
Principal



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05.03.2022

Women Empowerment Cell

Budget Proposal for Women's Day 2022


The Women Empowerment Cell of our college has planned to celebrate Women's Day on 8<sup>th</sup> March (Tuesday) and 11<sup>th</sup> March (Friday). The budget particulars are given below.

Tentative Budget

S	Particulars	Numbers	Approximation Prize	Amount in Rs.
1	Invitation	10	20	200 /
2	Memento	1	3000*	3000*
3	Chief Guest travelling allowances	Lump-sum		1000 /
4	Flex at stage backdrop (08.03.2022 & 11.03.2022)	2	1000	2000 /
5	Prize (books for students)	10	150	1500 /
6	Prize (Non-teaching staff)	35	70	2450 /
7	Refreshment (Three days)	500	10	5000
Total				15,150

\* Max. (Subjective)

  
Convener/WEC

  
Principal

Stress Buster Games held on 07.03.2022





**Presented a gift to Non teaching staff by Principal**





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SSMIET/WEC/2022/ No.002

07.03.2022

On behalf of Women Empowerment Cell, it is decided to celebrate "Women's Day-2022" on March 8<sup>th</sup> (Tuesday) at 3.00 p.m. and March 11<sup>th</sup> (Friday) at 11.00 a.m. For the successful conduct of this event, all the department heads and faculty members are requested to extend their kind co-operation.

On March 8<sup>th</sup>, **Dr.S.Karthigai Lakshmi, HoD/ECE**, will be the Chief Guest. The HoD and Academic Co-ordinator of S & H are requested to assemble the first-year students at 2.45 p.m. in Seminar Hall-3 along with their mentors.

On March 11<sup>th</sup>, **Dr. Sakthi Jothi**, a multi-faceted personality, will be the Chief Guest and deliver a speech on

“ஆண் நன்று பெண் இனிது”

All the department heads are requested to assemble the second-year girl students at 10.45 a.m. in Seminar Hall-1 along with their mentors. Two buses will be operated from Dindigul bus stand at 10.00 a.m.

  
Convener/WEC

  
PRINCIPAL

ED & Chairman for kind information

Copy to

1) Administrative Officer

2) HoDs :

  
AUTO

  
EEB

  
CIVIL

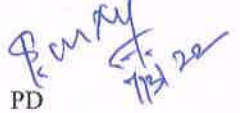
  
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**WOMEN EMPOWERMENT CELL**

**INTERNATIONAL WOMEN'S DAY CELEBRATION- 2022**

**Chief Guest**

**Dr.S.Karthigai Lakshmi**

Head, Department of ECE

Date: 8<sup>th</sup> March 2022 @ 3.00 P.M      Venue: Seminar Hall - 3

***Agenda***

<b>Time</b>	<b>Program</b>
3.00 PM	Prayer song
3.05 PM	Welcome Address Ms. K. Shivani, I CSE
3.10 PM	Speech by Ms.VP.Rakshitha, I CSE
3.15 PM	Speech by Ms.C.Vaishnavi, I CSE
3.20 PM	Speech by Mr.C.Madhavaraj, I CSE
3.25 PM	Special Talk by ,Dr.N.Sampathkumar, HoD/Chemistry
3.30 PM	Speech by Mr.G. Kiran Chellaperumal, I ECE
3.35 PM	Speech by Ms.G.Jamuna, I ECE
3.40 PM	Chief Guest Address
3.45 PM	Prize Distribution
3.50 PM	Vote of Thanks by Mrs.S.Kavitha,AP/Mathematics





## SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul - Palani Highway, Dindigul - 624 002.

Phone: 0451-2448800-99 (100 Lines) Fax: 0451-2448855

Email: [ssmietdgl@gmail.com](mailto:ssmietdgl@gmail.com)

Website: [www.ssmiet.ac.in](http://www.ssmiet.ac.in)

### WOMEN EMPOWERMENT CELL

### INTERNATIONAL WOMEN'S DAY CELEBRATION- 2022

A special lecture on

“ஆண் நன்று பெண் இனிது”

Resource Person

**SAKTHI JOTHI / Dr. S.P.JOTHI**

Social Enthusiast, Farmer, Orator, Poet/Writer

Date: 11<sup>th</sup> March 2022 @ 11.00 A.M

Venue: Seminar Hall - 1

### *Agenda*

Time	Program
11.00 AM	Prayer song
11.05 AM	Lamp Lighting
11.10 AM	Welcome Address
11.15 AM	Chief Guest Introduction
11.20 AM	Honoring the Chief Guest
11.25 AM	Presidential Address
11.30 AM	Chief Guest Address
12.25 PM	Q & A Session
12.35 PM	Vote of Thanks



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12.35 PM	Vote of Thanks

## சக்தி ஜோதி



திண்டுக்கல் மாவட்டம் மேற்குத்தொடர்ச்சி மலையின் அடிவார கிராமமான அய்யம்பாளையத்தில் தன் குடும்பத்துடன் வசிக்கிறார். தமிழில் முதுகலை பயின்ற இவர், சங்க இலக்கியத்தில் ஆய்வு செய்து முனைவரப்பட்டம் பெற்றவர். இதுவரை இவரது பனிரெண்டு கவிதைத்தொகுதிகளும், இரண்டு கட்டுரை நூல்களும் வெளியாகியுள்ளன.

திருச்சி பாரதிதாசன் பல்கலைக்கழகம், மதுரை காமராசர் பல்கலைக்கழகம், திருநெல்வேலி மனோன்மணியம் சுந்தரனார் பல்கலைக்கழகம் ஆகியவற்றில் இவருடைய கவிதைகள் பாடத்திட்டத்தில் வைக்கப்பட்டுள்ளன. தமிழக அரசின் நூலக விருது, திருப்பூர் தமிழ்ச் சங்க விருது, சிற்பி இலக்கிய விருது, தமிழ்நாடு ஊழியர் சங்க இலக்கிய மேல் விருது, SRV பள்ளி விருது உள்ளிட்ட விருதுகள் இவரது நூல்களுக்காகப் பெற்றவை. சமீபத்தில் தென்னிந்திய பதிப்பக மற்றும் விற்பனையாளர் சங்கம் (BAPASI) வழங்கும் தமிழகத்தின் சிறந்த பெண் எழுத்தாளருக்கான விருது பெற்றிருக்கிறார்.

கவிதைகள் தவிர, சங்கப் பாடல்கள், நவீன இலக்கியம், நீர் மேலாண்மை, பெண் கல்வி, சுற்றுச்சூழல், விவசாயம், காலநிலை மாற்றம் ஆகியவை குறித்து இவர் எழுதிய கட்டுரைகள் பல்வேறு இதழ்களிலும் பிரசுரம் ஆகியுள்ளன. தேசிய வேளாண்மை மற்றும் ஊரக மேம்பாட்டு வங்கி, தமிழக அரசின் வேளாண்மைத்துறை மற்றும் சமூக நலத்துறை ஆகியவற்றோடு இணைந்து தனது சமூகப்பணி நிறுவனத்தின் மூலம் வேளாண்மை மற்றும் பெண்களின் வியாபார மேம்பாட்டிற்கான ஆக்கப்பணிகளை மேற்கொண்டு வருகிறார்.

இந்திய அளவில் மட்டுமல்லாமல் உலகெங்கிலுமுள்ள பன்னாட்டு தமிழ்ச் சங்கங்களில் பேசுவருகிறார். இவர் இலக்கியம், வேளாண்மை, பெண்கள் முன்னேற்றம் குறித்து இருநூறுக்கும் மேற்பட்ட கல்லூரிகளில் உரையாற்றியுள்ளார்.

பணி நிமித்தமாக அரசின் அழைப்பின் பேரிலும், தனிப்பட்ட பயணமாகவும் அமெரிக்கா, போர்சுகல், இஸ்ரேல், சிங்கப்பூர், மலேசியா, தாய்லாந்து, இலங்கை, சீனா போன்ற நாடுகளுக்குச் சென்று வந்திருக்கிறார்.

இவர் ஆற்றிய சமூகப்பணிகளுக்காக மாநில அளவிலான பல்வேறு விருதுகள் பெற்றிருக்கிறார். குறிப்பாக மத்திய இளைஞர் மற்றும் விளைவாட்டுத்துறை அமைச்சகத்தின் மூலமாக சிறந்த இளைஞர் விருது பெற்று இந்திய சீன நல்லிணக்கத் தூதுக் குழுவில் இடம் பெற்று தமிழகம் சார்பாக சீனா சென்று வந்திருக்கிறார்.

**On March 11<sup>th</sup> Programme**

Welcome address by Mrs. S.Bavithra, AP/EEE



Presidential Address by Principal



Chief Guest Introduction by Mrs.S.Kavitha,AP/Maths



Honoring the Chief Guest by Principal





## Chief Guest Address



## Photo session of students with Chief Guest



Photo session of Faculty with Chief Guest



## உலக மகளிர் தின விழா

திண்டுக்கல், மார்ச் 12-  
திண்டுக்கல் எஸ்.எஸ்.  
எம்., பொறியியல் கல்  
லூரி மகளிர் மேம்பாட்டு  
குழு சார்பில் உலக மகளிர்  
தின விழா கொண்டாடப்  
பட்டது.

முதல்வர் செந்தில்  
குமரன் தலைமையில்  
'ஆண் நன்று பெண்  
இனிது' எனும் தலைப்பில்  
கருத்தரங்கு நடந்தது.

சிறப்பு விருந்தினர்  
எழுத்தாளர் ஜோதி பேசு  
கையில், "சங்க கால  
பெண்புலவர் வெள்ளிவீதி  
யார் போன்று இக்காலத்தி  
லும் பல பெண்கள் தங்கள்  
குடும்பம், குழந்தைகளுக்  
காக உழைக்கின்றனர்.  
பெண்கள் எப்பொழுதும்  
சுயசார்புடன் இருக்க

வேண்டும்" என்றார். ஏற்  
பாடுகளை பேராசிரியர்கள்  
கவிதா, செல்வபாரதி செய்  
தனர்.

★ மாவட்ட மனிதவள  
கூட்டமைப்பு விழாவில்  
மேயர் இளமதி பேசினார்.  
சமூக நல அலுவலர் புஷ்ப  
லதா, வேலை வாய்ப்பு  
உதவி இயக்குனர் பிரபா  
வதி, பாடகி ராஜலட்சுமி  
பங்கேற்றனர். கூட்ட  
மைப்பு தலைவர் ராதா  
கிருஷ்ணன் தலைமை  
வகித்தார். உதவி தலைவர்  
மகேஷ் வரவேற்றார். பல்  
வேறு துறைகளில் சிறந்து  
விளங்கிய பெண்களுக்கு  
கேடயம், சான்றிதழ் வழங்  
கப்பட்டது. முன்னாள்  
செயலாளர் பிரபு நன்றி  
கூறினார்.



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Dr.D.Senthil Kumaran, B.E.,M.E.,Ph.D  
Principal

SSMIET/117/Mar./2022

Date:11.03.2022

பெறுநர்

திண்டுக்கல் பழனி ரோட்டில் அமைந்துள்ள SSM பொறியியல் மற்றும் தொழில்நுட்பக்கல்லூரியில் மகளிர் மேம்பாட்டுக் குழுவின் சார்பாக உலக மகளிர் தினம் 2022, கடந்த ஒருவார காலமாகச் சிறப்பாகக் கொண்டாடப்பட்டு வருகிறது. இதன் தொடர்ச்சியாக இன்று 11.03.2022 வெள்ளிக்கிழமை கல்லூரி முதல்வர் முனைவர் D.செந்தில்குமரன் அவர்கள் தலைமையில் “ஆண் நன்று பெண் இனிது” என்ற தலைப்பில் கருத்தரங்கம் நடைபெற்றது. இதில் சிறப்பு விருந்தினராக அனைவராலும் சக்தி ஜோதி என்றழைக்கப்படுகின்ற அய்யம்பாளையத்தை சேர்ந்த பன்முகத்திறமைகொண்ட எழுத்தாளர் மற்றும் கவிஞர், முனைவர் S.P.ஜோதி அவர்கள் கலந்து கொண்டு உரையாற்றினார். அவர் பேசுகையில் சங்ககால பெண்புலவரான வெள்ளிவீதியார் போன்று இக்காலத்திலும் பல பெண்கள் தங்களுடைய குடும்பம் மற்றும் குழந்தைகளுக்காக உழைத்துக்கொண்டிருக்கின்றனர். எனவே பெண்கள் எப்பொழுதும் சுயசார்புடன் இருக்கவேண்டும் என்று கூறினார். இக்கருத்தரங்கில் நூற்றுக்கும் மேற்பட்ட மாணவர்கள் மற்றும் பேராசிரியர்கள் கலந்துகொண்டனர். இக்கருத்தரங்கை பேராசிரியர்கள் S.கவிதா மற்றும் G.செல்வபாரதி ஆகியோர் ஏற்பாடு செய்திருந்தனர்.

  
முதல்வர்

Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (NUS)  
Principal  
SSM Institute of Engineering and Technology  
Kuttathupatti Village, Sindalagundu (Po)  
Palani Road, Dindigul - 624 002



Dindigul - Palani Highway, Dindigul - 624 002.

Ph: 0451 - 2448800-2448899 (100 lines) Fax: 0451-2448855 E-mail: ssmietdgl@gmail.com www.ssmiet.ac.in





# SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

(Approved by AICTE, New Delhi • Affiliated to Anna University, Chennai • Accredited by NAAC)

Dindigul – Palani Highway, Dindigul – 624 002

*The Management, Faculty and Students  
Welcome you all to*

**"International Women's day Celebration - 2022"**

*Organized by*  
**WOMEN EMPOWERMENT CELL**

*A special lecture on*

**"ஆண் நன்று பெண் இனிது"**

Date : 11<sup>th</sup> March 2022 Friday | Time : 11.00 A.M

Venue : Seminar Hall - 1



*Resource Person*

**SAKTHI JOTHI / Dr.S.P.JOTHI**

Social Enthusiast, Farmer, Orator, Poet/Writer  
Founder of Sri Sakthi Social Economical  
and Educational Welfare Trust

Coordinators

**Mrs. S. Kavitha**  
AP/Maths

**Dr. G. Selvabharathi**  
AsP/Civil

Principal

**Dr. D. Senthil Kumaran**

*All are cordially invited*



## PROFILE

**SAKTHI JOTHI / Dr.S.P.JOTHI**

- Social Worker
- Farmer
- Orator
- Poet/Writer



Qualification : MA, M.Phil.(Tamil), Ph.D,  
PG.Dip NGO Mgt., DYHE

Address : 12th ward, Ramalinga Nagar, Ayyampalayam,  
Dindigul District - 624 204

Contact : +919865281618, +914543-268868

E-mail : [sakthijothipoet@gmail.com](mailto:sakthijothipoet@gmail.com)  
[sakthitrust.ind@gmail.com](mailto:sakthitrust.ind@gmail.com)

Website : [www.sakthijothi.com](http://www.sakthijothi.com)  
[www.srisakthitrust.org](http://www.srisakthitrust.org)

**Dr.S.P.Jothi has been selected as the Best Social Worker of the State level (Tamil Nadu) by the Ministry of Youth Affairs and Sports, New Delhi and visited China as a member of Indo-China Good will Team to promote Goodwill and social welfare.**

**As a social worker :**

(Founder of Sri Sakthi Social Economical and Educational Welfare Trust The trust has been working towards betterment by reforming the society, empowering women, improving rural economy, creating educational opportunities and protecting environment for the past 20 years

Sri Sakthi Social Economical and Educational Welfare Trust, a registered body under Indian Trust Act, 1882 was established on 21-12-2001 and had obtained clearance under FCRA, and exemption under 12AA, 80G, Income Tax act.

Working in Dindigul, Theni, and Madurai Districts in Tamil Nadu since 2001, Sri Sakthi Trust has been concentrating on.

**Women & Youth Development programs :** Around 50,000 women and youth have benefitted in Dindigul, Madurai and Theni District through promoting <sup>Self Help Groups</sup> SHGs, Training program for Livelihood development given by our organization in collaboration with various government departments.

By promoting SHGs and providing livelihood training such as Aari and Embroidery Training to SHG members under Livelihood Enterprise Development Project (LEDP) under NABARD and the same training program to school dropout female children under Social Welfare Department, Government of Tamil Nadu .

**Agricultural promotional activities :** Through Farmers training programs, Climate Proofing agriculture, Soil and Water conservation activities with the guidance of Tamil Nadu Watershed Development Agency and NABARD.

Sri Sakthi Trust has completed three watershed programs, two in Madurai District and one in Dindigul District and one Climate Proofing Project under Adaptation Fund Board in Ayyampalayam, Dindigul District, covering a total area of around 6000 ha with 10,000 direct and indirect farmer beneficiaries.

**Experience of Sri Sakthi Social Economical and Educational Welfare Trust in conducting trainings with Government Departments:**

**The Departments we are working with:**

NABARD, TAWDEVA, Ministry of Handicrafts, DRDA, THADCO, Social Welfare Department - Govt. of Tamil Nadu.

**The training programs conducted on :**

**Farming :** Vermi Compost, Azolla Cultivation, Mushroom Cultivation, Kitchen garden through green house, Fodder development, Drip and sprinkler irrigation technology, Vegetables cultivation in poly houses, Value added products of millets and pulses, Livestock management.

**Off- Farming for Women SHGs :** Aari and thread craft embroidery, Capacity Building Training Programs, Tailoring with Aari and thread craft embroidery to school dropout girls, Beautician and Nutrition training programs, Fashion designing and ready-made garments. Paper carry bag making, Candle making , Tailoring and embroidery, Fabric painting Glass painting and Pot paintings , Footwear Making, Rexin bag purse, Soft toys making, Catering Technology and fast food varieties making , Readymade dress making, Beauty parlor setting, Wire product making, Sanitary napkin making, Reusable cotton bags making, Brass vessels making training, Jute bag making , Paper cup making, Coir twisting

**Trainings related to Food Products :** Training programs for value added food products through Watershed Training Programs, Fast food variety training - Animal Husbandry University / Fisheries College, Coffee powder making, Canteen management, Catering Technology & Fast food varieties making.

**As a Managing Director of Farmers Producer Company Ltd :** Dr.S.P.Jothi has been the Managing Director of Ayyampalayam Farmers Producer Company, producing value added items using coconut sesame and groundnut, formed under the support of NABARD. Through this company, she has been guiding the farmers and promoting their business development in agriculture produces.

**As an orator :** Dr,S.P.Jothi has delivered online and offline motivational speeches and given training on gender sensitization to nearly 200 collages across Tamil Nadu for the past 20 years.

**As a writer :** Apart from being the head of Sri Sakthi Trust, Dr,S.P.Jothi is a well - known writer under the pen name, Sakthi Jothi and has authored 24 books, which includes 12 literary works (Poetries) and 2 books of collection of essays and 10 books on Soft skills, Career guidance & Entrepreneurship, Watershed Management & Soil Water Conservation.

Major universities in Tamil Nadu have included her poems in their syllabus. Her articles on Poems of Sangam Period, modern literature, water management, women education, environment, agriculture, climate change have been published by popular magazines.

**Published Books – Poetry :**

1. Nilam Pukum Sorkkal (நிலம் புகும் சொற்கள்) 2008
2. Kadalodu Isaiththa (கடலோடு இசைத்தல்) 2009
3. Yenakkaana Aakaayam (எனக்கான ஆகாயம்) 2010
4. Kaatril Mithakkum Neelam (காற்றில் மிதக்கும் நீலம்) 2011
5. Thee Urangum Kaadu (தீ உறங்கும் காடு) 2012
6. Sol Yenum Thaaniyam (சொல் எனும் தானியம்) 2013
7. Paravai Thinangalai Parisalippaval (பறவை தினங்களை பரிசளிப்பவள்) 2014

8. Meen Nirathiloru Muttham (மீன் நிறத்திலொரு முத்தம்) 2014
9. Ippozhuthu Valarnthu Vittaal (இப்பொழுது வளர்ந்துவிட்டாள்) 2016
10. Moongilarisi Vedikkum Paruvam (மூங்கிலரிசி வெடிக்கும் பருவம்) 2016
11. Velli Veethi (வெள்ளி வீதி) 2017
12. Kanavin Mutrathil Tharaiyirangum Thaaragaigal (கனவின் முற்றத்தில் தரையிறங்கும் தாரைகைகள்) 2021

### Published Books – Essays

13. Sanga Pen Kavithaigal (சங்கப் பெண் கவிதைகள்) 2018
14. Aan Nandru Pen Inithu (ஆண் நன்று பெண் இனிது) 2019

### Brief of Sanga Pen Kavithaigal

These articles are intended to introduce the female poets in Sangam period to the common forum. They compare the contemporary life style to that of Sangam period, attempting to highlight where all they converge, submerge and deviate during that period. The life style, ethos and ethics of the Sangam period are seen through the eyes of modern woman, with traditional insight and contemporary outlook. Majority of these articles were serialized in the popular tamil magazine 'Kungumam Thozhi'.

Though men and women are commonly referred Homo sapiens, Psychologically and physiologically they do deviate to the great extent. With this understanding from Anjil Anjiyar to Veripadiya Kamakanniyar, these 45 female sangam poets, were discussed, dissected and reconstructed through the perceptions and perspectives of contemporary women counterparts, who are modern and western and still remain traditional and eastern. Comparing the traditionally restricted lifestyle of the those period with the liberated present scenario, these serve a literary analysis as well as cultural analysis of the past.



## Attended International, National, State level Conferences and Seminars and

### Trainings: 22

- Our Board of Directors and Staff Members has been attended seminars and conferences in state, national and international level. To events the few,
- Mrs.S.P.Jothi, Managing Trustee, of Sri Sakthi Social Economical and Educational welfare Trust, attended the 26th triennial conference organised by the ACWW at Hot springs in USA.
- Program on learning of Hi tech agriculture and agro processing unit development.- WEITZ CENTRE, ISRAEL. Coordination by BIRD - LUCKNOW
- Program on Training of Trainers in NIRD at Hyderabad.
- Micro Credit Training Programme given to NGOs conducted by State Bank of India at their State ank Learning Center Perambur, Chennai.
- Program on Training of Trainers organized by the Gandhigram Trust- Gandhigram, Tamilnadu, in order to enhance the better functioning of SHGs.
- The State level workshop on 'Community Based Rehabilitation of persons with Disabilities held at Chennai.
- Workshop for women empowerment conducted by ISPCK & DELHI & TTS Madurai at Kodaikanal.
- Training for PME case studies and report writing conducted by DATA-DDCS, Madurai at Pillar Nagamalai puthukottai, Tamilnadu.
- Workshop for Vocational Training Education and Research about promotion of Rural community college organized by Madras Center for Research and Development of Community Education (MCRDCE) at Loyola college, Chennai.
- Training for Accounts workshop for NGO's conducted by DHAN Foundation, Madurai at Pillar, Tamilnadu.
- Training for 'Evolving Trends in Micro Finance' conducted by Institute of Financial Management and Research at Chennai.

## PhD Thesis on "Sanga Ilakkiyathil Aan Maiya Karuthuruvagam"

சங்க இலக்கியத்தில் ஆண் மைய கருத்துருவாக்கம்

My thesis focuses on how land, mind, body and language transformed into being more suitable for men after the transition of matriarchal society to patriarchal society. This thesis emphasises on the lives of people from the ancient times to Sangam Period and is done through need - basis analysis.

### Others Published books on

- Soft Skills; Career Guidance & Entrepreneurship.
- Watershed Management & Soil Water Conservation

### Other Features

- Poetry from the above mentioned collection are prescribed syllabus for the undergraduate students of EVR Arts and Science College, Trichy, NMSSVN Arts and Science College, Madurai & Ilajee karutha college uttamapalayam, Nehru Memorial College-Trichy
- Many of the poems from the collections are translated in English, French, Hindi, Telugu, Malayalam, Assamese & Santali.
- One of the poetry from (கடலோடு இசைத்தல்) is added in VI std syllabus in Maharashtra text book.
- Students are doing their MPhil & Ph.D in poetry collection. 1 "Yenakkaana Akaayan (எனக்கான ஆகாயம்)" is prescribed for syllabus of 1st year MA(Tamil) - Manonmaniam Sundaranar University - Thirunelveli.

- Micro Finance Management and Capacity Training for NGOs Bankers Institute of Rural Development (BIRD), Lucknow.
- Program on Training of Trainers and Rural Development KKID, Coimbatore, Tamilnadu.
- Training on renewable energy sources Trupa, Sivakangai.
- Training on Promoting FPO by NABARD at Chennai.
- Sustainable development of FPO by CCD at Madurai.
- Preparation of Proposal Writing and documentation by HCL at Coimbatore.
- Training on Watershed Management by BIRD, Mangalore.
- Training on Climate Proofing Activities by BIRD, Mangalore.
- Ornithology Training by SACON, Ministry of Environment Seed Production Training by IFGTB, At Coimbatore.
- Training on Poly house and Shade net Cultivation by, KVK, Gandhigram Rural University. Training on Climate Proofing Activities (AFB) by BIRD at Udaipur.

### **Recognitions :**

- Best Social Worker Award by Nehru Yuva Kendra, Madurai
- SIKARAM award for Best Social Worker
- NABARD 3rd Prize for Best NGO in State.
- C.P.Athithamar Award for best NGO in Theni, District.
- Best Youth Award in State by Nehru Yuva Kendra
- Best Youth Award in Theni District by Nehru Yuva Kendra
- Green Shield Award from the Dindigul District Collector
- Success of M6 Project Award from DGM of SBI, Madurai Module.
- Best Performer Award in assisting the SIIGS members through Micro Credit Programmes by SBI.
- Live Award for Empowering deprived through skill development - by Loyola college, Chennai.



## SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul – Palani Highway, Dindigul – 624 002.  
Email:[ssmiedgl@gmail.com](mailto:ssmiedgl@gmail.com) Website:[www.ssmiet.ac.in](http://www.ssmiet.ac.in)

### WOMEN EMPOWERMENT CELL



#### *One-on-One session with*

***Dr. S.Aasha, Ph.D,  
Psychologist and Therapist,  
ZEN Counseling and Therapy Center,  
Madurai***

Mrs.S.Kavitha  
Convener

Dr.D.Senthil Kumaran  
Principal



15.12.2021

**CIRCULAR**

**WOMEN EMPOWERMENT CELL**

On favor of our academics, the SSMIET Women Empowerment Cell has planned a one-on-one session with Dr. S.Aasha, Ph.D, Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai. The following is the program's schedule.

VENUE: Women Empowerment Cell, Old Library

Sl	Name of the Faculty	Department	Time	Sl	Name of the Faculty	Department	Time
<b>16.12.21</b>				<b>18.12.21</b>			
1	G.Sahayaraj	AUTO	9.30am	1	Dr.G.Prabu	CSE	9.30am
2	V.Seenivasaperumal		9.50am	2	V.Nivedhitha		9.50am
3	C.Merlin Rani /	CIVIL	10.10am	3	S.Deepika		10.10am
4	V.Praveen Jesuraj		10.40am	4	N.Padma Priya		10.40am
5	T.Sivaganesan		11.00am	5	N.J. Divya		11.00am
6	S.Saranya /		11.20am	6	S Divya /		11.20am
7	P.M.Sharan Karthik		11.40am	7	N.Anu Lavanya /		11.40am
8	Dr.J.Abraham Hudson Mark	PHYSICS	12.00pm	8	R. Priyanka		12.00pm
9	S.Nilhya -		12.20pm	9	M.Christopher		MATHS
10	K.Thara /	CHEMISTRY	12.40pm	10	R.Janani /		12.40pm
11	S.Soundaralakshmi,		2.00pm	11	R.Saravanan /		2.00pm
12	Dr.K.Sudha	LIBRARIAN	2.20pm	12	R.Vithyadevi		2.20pm
13	S.Jeyakumar	PHY DIR	2.40pm	13	S.Hemalatha		2.40pm
<b>20.12.21</b>				<b>22.12.21</b>			
1	Dr.C.Sujatha /	ECE	9.30am	1	V.Sivakumar	EEE	9.30am
2	Dr.K.Vinothkumar		9.50am	2	D.Manoj		9.50am
3	Dr.K.Rajesh		10.10am	3	G.Satheesh Kumar		10.10am
4	Dr.V.Jeevanatham		10.40am	4	T.Arulkumar		10.40am
5	Dr.M.Jeyalakshmi /		11.00am	5	P.Siva Subramanian		11.00am
6	A.Geetha /		11.20am	6	B.Marisekar		11.20am
7	V.P.Jay Fantin		11.40am	7	S.Bavithra /		11.40am



8	S.Dhamodharan /		12.00pm	8	S.Vijaya Samundeeswari		12.00pm
9	R.Carol Praveen		12.20pm	9	A.S.F.Subhamathi		12.20pm
10	M.Manikandan		12.40pm	10	Dr.S.Joseph Dominic Vijayakumar	MECH	12.40pm
11	R.Senthil Kumar		2.00pm	11	Dr.V.Kandavel /		2.00pm
12	M.Premkumar		2.20pm	12	Dr.M.Sabareeswaran		2.20pm
13	J.Vetrimanikumar		2.40pm	13	Dr.M.Muthukannan		2.40pm
27.12.21				29.12.21			
1	K.S.Arunkumar	ECE	9.30am	1	Dr.R.Subhaa	MECH	9.30am
2	V.P.Gokulan		9.50am	2	C.Silambarasan		9.50am
3	S.Jayakumar		10.10am	3	M.Prabakaran		10.10am
4	G.Saranya		10.40am	4	B.Aravindh		10.40am
5	S.Karthik		11.00am	5	P.Shankar Kannan		11.00am
6	A.Parameswari		11.20am	6	P.Dheenathayalan		11.20am
7	R.Sangeetha		11.40am	7	U.Karthick		11.40am
8	S.Abirami		12.00pm	8	T.Karthickmunisamy		12.00pm
9	T.Soundharya		12.20pm	9	V.Preethi		12.20pm
10	V.Sumithra		12.40pm	10	M.Selwin		12.40pm
11	J.John Prateeba /	ENGLISH	2.00pm	11	R.Satheesh Babu	MATHS	2.00pm
12	P.Kothai Natchiar /		2.20pm	12	S.Kavitha /		2.20pm

  
Convener

Mrs.S.Kavitha, AP/Maths

  
PRINCIPAL 15/12/21

**Copy to:**

**Administrative officer**

**HoD'S**

**Auto                      Civil                      CSE                      ECE                      Mech**

**EEE                      English                      Maths                      Physics                      Chemistry**

**Library                      Phy.Edu**

**Faculty circulation through HoD's**

## One-on-One session with

Dr. S.Aasha, Ph.D., Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai

Dates: 18.12.2021 to 27.12.2020 (Alternate Days)

Session Timings : 9.30am-3.00pm

The counselling process is, in many ways, is like an educational experience. The individual can learn more about him/herself, but also acquires new skills. Sometimes, counselling involves learning more about a particular condition (e.g., depression, anxiety, eating disorders) by which the person is affected, so that he/she can better understand treatment options. Below are some examples of what faculty can gain from personal counselling:

- improved interpersonal skills
- greater self-acceptance and self-esteem
- ability to change self-defeating behaviours/habits
- better expression and management of emotions, including anger
- relief from depression, anxiety or other mental health conditions
- increased confidence and decision-making skills
- ability to manage stress effectively
- improved problem-solving and conflict resolution abilities
- greater sense of self and purpose
- recognition of distorted thinking

# One-on-One meeting with Dr. S.Aasha, Ph.D,Psychologist and Therapist,ZEN Counseling and Therapy Center,Madurai.

Dates : 16.2.2021,18.12.2021,20.12.2021,22.12.2021,24.12.2021,27.12.2021

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\* Required

1. Email \*

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2. Name of the Faculty \*

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3. Department \*

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4. Contact Number \*

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5. Date attended the session \*

*Mark only one oval.*

16.12.21

18.12.21

20.12.21

22.12.21

24.12.21

27.12.21

6. Was adequate time provided for questions and discussion? \*

Mark only one oval.

Yes

No

7. Did the venue meet the requirements for your session? \*

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8. Did you experience any difficulties or problems with the session? \*

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9. What aspects of your sessions do you feel went particularly well? \*

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10. How impactful were the topics discussed? \*

Mark only one oval.

	1	2	3	4	5	
Boring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Impactful

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# SSM Institute of Engineering and Technology, Dindigul

## Counselling Report:

As part of the counselling sessions, discussions were done with faculties regarding on educational, and behavioral issues of students and faculties personalities to handle student's problems and maintaining good relationship with other faculties. Counselling was provided to a total of 77 faculties from all the departments. One hour on the last day was spent on stress management. Techniques were provided during this session to balance emotional issues.

1. Faculties were provided awareness about generation Z, generation Z's behavior and how to guide generation Z for their academics. Faculty was also guided to take up facilitation role to teach the students.
2. Faculties were provided details to find students indifferent behavior and how to handle them.
3. Faculties with experience less or equal to 10 years, were provided guidance to understand student attitude and modify their teaching methodology to be effective according to the student's attitude.
4. Faculties with experience more than 10 years, were provided guidance to understand students of the current generation and change their attitude towards the students to be more effective.
5. All the faculties engaged during these sessions were satisfied with the management, and the infrastructure of the college premises.

## Feedback/Suggestions:

The following section outlines the feedback on the various departments and the suggestions for them.

### Mechanical Department:

Most young dynamic faculties are using innovative teaching ideas. They also have a good rapport with the students.

### ECE Department:

Faculties need to introduce new ideas and facilitate the students. It is better to avoid two-way communication. One way instruction is easy to follow and execute.

### CSE Department:

Even though the faculties are freshers, they need to develop new innovative ideas to handle the class. They also need to develop group dynamics.



**Math Department:**

Faculties were good in teaching, but they need to develop proper relationship with each other.

**English / Physics / Chemistry Departments:**

Students currently struggle to understand the subjects due to online class. Faculties in these departments are willing to teach the subject again.

**Civil Department:**

All the faculties have a good attitude. They need to introduce new techniques in teaching.

**EEE Department:**

Most of the faculties are handling students in an effective way. Counselling was provided on work life balance.

Dr. S.Aasha

Psychologist&Therapist

Zen counselling & Therapy Center

Madurai

**A Report on**

**One on One Meet with the Faculty Members of  
SSM Institute of Engineering and Technology**

**(16.12.2021 to 27.12.2021)**

**Timing :9.30am to 3.00pm**

Submitted by

Dr. S.Aasha, Ph.D, Psychologist and Therapist,  
ZEN Counseling and Therapy Center,  
Madurai

Submitted to

The Principal,

SSM Institute of Engineering and Technology,  
Dindigul.

## SSM Institute of Engineering and Technology, Dindigul

The table below shows the findings of the counselling session.

Department	No. of Faculty counselled	Preparedness during pandemic	New initiatives in TLP	Self Development Measures	Multifaceted Tasks	Overall suggestions
<b>Auto</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>1</b>	Need to develop self esteem
<b>Civil</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	They are good at their work. They need ideas and motivation to improve their level in excellence
<b>CSE</b>	<b>8</b>	<b>5</b>	<b>8</b>	<b>6</b>	<b>4</b>	They need to develop interpersonal skills/ sharing/ self-motivation/ teamwork
<b>ECE</b>	<b>21</b>	<b>21</b>	<b>15</b>	<b>15</b>	<b>13</b>	They need to develop interpersonal skills/ teamwork/ emotional stability/ work life balance.
<b>EEE</b>	<b>9</b>	<b>7</b> (2 were new)	<b>9</b>	<b>8</b>	<b>8</b>	Most of the are good in teaching and relationship with the students.

<b>Mech</b>	<b>14</b>	<b>14</b>	<b>14</b>	<b>14</b>	<b>11</b>	Most of the Faculty are highly energetic. They are using a lot of innovative methods.
<b>Math</b>	<b>8</b>	<b>8</b>	<b>7</b>	<b>4</b>	<b>5</b>	They need to develop interpersonal skills/ work life balance.
<b>Physics</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>	The Faculty showcase good dynamics
<b>Chemistry</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>3</b>	All Faculty have positive attitude towards students.
<b>English</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>3</b>	Need to develop ideas and methodologies to help students' development.
<b>Library</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	None
<b>PD</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	None

### ***Analytical Report:***

Following are the findings from the sessions with the Faculty.

- All the Faculty are effectively handling online classes during the pandemic period.
- All the Faculty are open to ideas for effective teaching.
- 46% of the Faculty in various departments are already using innovative ideas in the teaching.
- 75% of the Faculty are having multitasking capabilities. They are able to handle personal and workplace issues effectively.
- 25% of the Faculty are having issues balancing work and personal life.



**SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY,  
Palani Highway, Dindigul-624002.**

**WOMEN EMPOWERMENT CELL**



**ACTION PLAN FOR THE YEAR 2021-22**

SL. NO	TOPIC	EXPECTED DATE	OBJECTIVE	OUTCOME
1	One-on-One Session	1 <sup>st</sup> week of Dec 2021	To give counseling for all faculty members	Develop mental strength and cognitive skills
2	Yoga Practice	2 <sup>nd</sup> week of Jan 2022	To create awareness about health	Awareness created about best health practices
3	Health And Hygienic	4 <sup>th</sup> week of Feb '2022	To create awareness about health and hygienic	Awareness created about best health practices
4	Women's Day Celebration	2 <sup>nd</sup> week of March 2022	To create awareness about women empowerment	Creation of Awareness
5	Medical Camp	3 <sup>rd</sup> week of May 2022	To create awareness about health and hygienic	Awareness created about best health practices

  
Convenor 20/07/21  
S.Kavitha, AP/Maths

  
Principal  
Dr.D.Senthil Kumaran





**SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY**  
**Palani Highway, Dindigul-624002.**

WEC/2021-22/01

20.07.2021

**WOMEN EMPOWERMENT CELL - COMMITTEE MEMBERS**  
**Academic Year- 2021-22**

**Conveners:**

Mrs. S.Kavitha, AP/Maths

Mrs.A.Geetha. AP/ECE

Department	Faculty In-charges	Student In-charges
Science and Humanities	Mrs.J.John Pratheepa, AP/Eng Mrs.S.Nithya,AP/Phy Mrs.K.Thara, AP/Che	-----
Civil	Mrs.G.Selvabharathi, AP/Civil	Ms.S.Mouna Jothigaa, Final Year Ms.B.SakthiPragadeeswari, Third Year Ms.M.Anu Prabha, Second Year
CSE	Mrs.M.Padma Priya, AP/CSE	Ms.Prathiba, Final Year Ms.S.Prithishika, Third Year Ms.T.Abinaya, Second Year
ECE	Mrs.G.Saranya, AP/ECE	Ms.R.Madhumitha, Final Year Ms.R.Dhivyadharshini, Third Year Ms.S.Yashica, Second Year
EEE	Mrs.S.Bavithra, AP/EEE	Ms.S.Afrin, Final Year Ms.C.Vaishnavi, Third Year Ms.R.Bharathi, Second Year
AUTO & MECH	Dr.R.Subha	Ms.Anu Madhu Bala, Third Year
GENERAL	Mrs.R.SoundiraPandiyammal, TA/EC Mrs.S.Banu, OA	-----

  
Convenor 20/07/21

  
Principal